



2022 PRIZE MONEY & PACKAGES

OVERALL PRIZE MONEY *(for men and women)*

Position	Prize Money
1 st	\$5,000
2 nd	\$2,500
3 rd	\$2,000
4 th	\$1,500
5 th	\$1,000

TIME BONUSES *(Available only for the race winner)*

Men	Prize Money
Sub 60 minutes	\$1,000

Women	Prize Money
Sub 66 minutes	\$1,000

COURSE RECORD BONUS

Men	Women	Prize Money
59:30	65:52	\$1,000

BRITISH ATHLETES – PRIZE MONEY *(for men & women)*

Position	Prize Money
1 st	\$1,000
2 nd	\$500
3 rd	\$200

WHEELCHAIR RACE – PRIZE MONEY *(for men & women)*

Position	Prize Money
1 st	\$1,000
2 nd	\$500
3 rd	\$200

TEAM PRIZES

Team prizes are available for running clubs with three athletes to score in the women's race and four in the men's. Prizes are as follows:

Club Position	Prize Money
1 st	\$200
2 nd	\$150
3 rd	\$100

PACKAGES AVAILABLE

Please note: The packages below are available to athletes who have achieved the required time, in 2021 or 2022

British Only

Men	
Sub 70 mins (HM), Sub 32 mins (10K)	Free entry
Sub 66 mins (HM), Sub 30 mins (10K)	Accommodation only
Sub 65 mins (HM), Sub 29 mins (10K)	Accommodation & Travel

Women	
Sub 80 mins (HM), Sub 37 mins (10K)	Free entry
Sub 75 mins (HM), Sub 34 mins (10K)	Accommodation only
Sub 73 mins (HM), Sub 33 mins (10K)	Accommodation & Travel

INTERNATIONAL ATHLETES

Applications will be considered on an individual basis. Please contact the elite race co-ordinator, Alex Donald by e-mail at alex.donald@run4wales.org.

Title Partner Prif Bartner



Official Partners Partneriaid Swyddogol



Lead Charity Prif Elusen

