

Volunteer Role: Photographer



Volunteering as a Photographer

Our volunteer photographers undertake a key role in capturing the atmosphere of race day, particularly in areas where volunteers are hard at work supporting the runners and spectators. Please note you will need to have your own camera and equipment to use.

You can choose to volunteer at either the start and finish line or at a water station along the route. Your focus will be on capturing shots of volunteers undertaking their role, setting up at the start of the day and then interacting with runners and spectators during the race. We love large group shots of the volunteer teams too!

If you are volunteering at the start and finish line, please take a range of shots focusing on all our volunteers from the Bag Drop Tent to the Race Gurus guiding the spectators and runners around the Event Village, as well as the volunteers looking after the start and finish line.

Water Station photographers will have the opportunity to capture the water station being set up, sometimes with up to 60 volunteers, as well as the nearest course sector volunteer marshals being briefed and kitted out. Once the runners start coming through, please focus on shots of the volunteers interacting with runners and cheering them on.

What happens to my photos after event day?

We ask that you send us the photos from event day (feel free to edit them and send us your best shots!). Photos can be in any format although jpeg is preferable. We have found that the easiest way to share photos is via Dropbox. We will credit you as the photographer when using any photos in social media campaigns or on the Run 4 Wales webpage. We always upload a photo album under your name to our Extra Milers Volunteer Facebook Group, as well as to our Flickr photostream, as our volunteers love to look back over memories of the day.

What to wear when you're volunteering at a Run 4 Wales event

We provide an Extra Milers t-shirt for all volunteers, which is yours to keep. So that you are identifiable as a Run 4 Wales volunteer, we ask that your volunteer t-shirt be visible at all times, so please wear your volunteer T-shirt over any other clothing.

Please come appropriately dressed for the weather. We recommend wearing layers and ask you to wear plain trousers/jeans (avoid any branded sports clothing) and comfortable shoes. You may be outside for several hours so consider packing a raincoat and/or sunscreen and sunhat.

What to bring with you when you're volunteering at a Run 4 Wales event

We provide an exclusive Extra Miler drawstring bag that we ask you to wear/ keep your personal belongings in whilst volunteering. We advise you to bring only essential personal items – we cannot store any volunteer personal belongings during the day.

We provide a lunch pack on the day (usually a sandwich, crisps and piece of fruit) and we will do our best to meet dietary requirements. However it can be a long day, so we recommend bringing some snacks. Please also bring a refillable water bottle.

I'm under 18. Can I volunteer with Run 4 Wales?

We welcome individual young volunteers aged 14 – 17 years old. However we ask that anyone aged 14 – 17 provides a completed guardian consent form and is accompanied by someone aged 18 and over. For volunteer photographers aged 14 – 17, we usually allocate you to a water station and ask that your accompanying over-18 year old volunteers at the water station.

We work with young person groups, from cadets and guides to colleges and social clubs, so please do get in touch if you would like to volunteer as a group.

Sustainability

Run 4 Wales have a Green Action Plan and as part of our efforts in delivering sustainable events we have committed to an average 90% recycling rate, a 40% cut in damaging material use and a transition to low energy sources as we head towards a carbon positive event company by 2040. Please help us meet our targets by doing your bit to recycle as you walk the route.

General Run 4 Wales Volunteering Information

- We provide a pre-event briefing for each volunteer role in the week prior to the event. This contains all the information you need for the day, including where to park, where to meet your supervisor and sign in as well as race specific information including relevant phone numbers.
- Once you have signed up to our volunteering platform (Rosterfy) you can access our volunteer support documents which give you more information about how to fulfil your role on event day.
- Whether it's a 10K race, a half marathon or the whole 26.2 miles, our runners are undertaking a significant challenge. Please congratulate them and encourage them as much as you can – they have said this really spurs them on!
- We want our volunteers to feel confident about their role and how to perform it. Our supervisors will do a briefing once all volunteers have arrived but if you have any questions or concerns throughout the day please ask.
- Please be aware that photography and video filming will take place during event day. Any images and footage will be used in Run 4 Wales communications to promote future events. I
- Remember that this is meant to be an enjoyable day for all involved and that means you as well as the runners! We hope you enjoy your volunteering experience, have fun and find it satisfying to be part of this great sporting and charity event. We always send out a volunteer survey after the event to find out what you enjoyed and what we can do better next time.

Are you ready to become an Extra Miler?

To join the Run 4 Wales Extra Milers volunteering community, simply create a volunteer profile on our Rosterfy system. This just takes a minute, then you will have access to all our events and be able to see what volunteering roles are available for each event. Just sign up to your chosen event and role, save the date in your calendar and wait for the event briefing to come out.

Don't forget to follow the Extra Milers Facebook page too. We post event and volunteering information here, as well as photos, fun competitions and challenges.

