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## Cardiff University / Cardiff Half Marathon

### *Environmental Champion*

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#### **The Event**

The annual Cardiff Half Marathon is the second largest half marathon in the UK. In 2019, 27,500 runners took part on Sunday 6<sup>th</sup> October. The 13.1 mile route will take runners past Cardiff's most iconic landmarks and scenery. It will be an incredible event!

#### **What to bring/ On Arrival:**

- When you arrive, please report to the **Volunteer Hub** to sign in and be issued your volunteer t-shirt, bag and event accreditation.
- Once you have collected your volunteer t-shirt, bag and event accreditation please remain/or return to the Volunteer Hub for your briefing at **08.00**
- Please come appropriately dressed for the weather, you will be outside for a number of hours. We would recommend wearing layers and where at all possible **PLEASE** wear plain trousers/jeans and comfortable shoes.
- We will be providing you with an exclusive volunteer drawstring bag that we ask you to wear/ keep your personal belongings in whilst volunteering. Please bring only essential personal belongings (everything you need including food and drinks will be provided).
- **PLEASE NOTE:** Your volunteer t-shirt and accreditation must be visible at all times. Please wear your volunteer t-shirt over any other clothing at all times.
- You will have full access to the Volunteer hub where you will be able to grab some lunch, drinks and a break. There is no need to bring any extra food unless you wish to do so.
- You will be very busy on the day but everything you need to undertake your role will be waiting for you, you just need to turn up with lots of energy and enthusiasm!

#### **Environmental Champion**

- With up to 27,500 runners taking part, we are relying on you to help us as an event improve our recycling rate and be the most sustainable, we can possibly be.
- We need your support both at the start and finish of the race. At the start we have a huge job to clean up thousands of left items of clothing from the runners as they set off to tackle the 13.1 course.
- Any left items are donated to our charity partner, Play it Again Sport and you will be needed to help us position clothes recycling bins and bags into position and encourage participants to use these bins rather than just dropping their clothing, before watching and experiencing the start of this iconic half marathon race – you will be right in the thick of it!
- As the runners cross the start line, we will begin collecting left items of clothing and putting them into the Play it Again Sport van for collection. It is vital that we work

quickly and efficiently to get this job done, so we can get this key road (outside Cardiff Castle) reopen and the city moving again.

- After heading back to the volunteer hub to grab a break and some food, we would like your support in the finish area to encourage the ecstatic runners to recycle their bananas and water bottles correctly in the bins provided as well as joining in with distributing the finish line items. As you can imagine with 27,500 runners this is a large but vital role.
- The atmosphere will be electric as nervous runners prepare to tackle and complete this iconic 13.1 miles course and you will have a prime viewing spot!
- This role is very fluid on the day and we need you to be flexible, moving between different tasks and areas of the start and finish as and when required.

**Timings:**

**09:15** – Start Pens Open (White/Green/Red)

**09:35** – Start Pens Open (Blue/Yellow)

**09:50** – Wheelchair race starts

**10:00** – Main Race Start

**10.00 – 11.00** (Break time - as directed by supervisors)

**10.42** – First wheelchair athlete to cross the finish line (approx.)

**10.59** - First Runner to cross the finish line (approx.)

**11.20 – 13.30** – Peak finish time

**14.00 – 14.50** - As the number of participants finishing reduces and your area is clean and tidy, your supervisor will be able to start sending you home, provided there is enough resources left in the area.

**14.50** – (approx.) Last runner & Back Markers expected