



Cardiff University / Cardiff Half Marathon 2018

Role Description: Start / Finish Steward

Date: Sunday 7th October 2018

Timings: 8am – 14.00 (approx. TBC)

Location: Race Start/Finish – Cardiff City Centre – CF10 3ND

You will be undertaking a vital role in managing and supporting runners in the start and finish areas. With around 25,000 runners taking part, we are relying on you to help ensure that runners make it to the start line from around the city and get quickly and safely into their correct starting pen. Once across the start line and having completed the course, you will be needed to support the wider finish area, helping to direct and ensure the safety of runners and spectators. ***Please Note: you may NOT be directly on the Start or Finish Line but supporting the wider area***

The atmosphere will be electric as nervous runners prepare to tackle and complete this iconic 13.1 miles course with the world watching!

This role is very fluid on the day and we need you to be flexible, moving between different tasks and areas of the wider start and finish, as and when required.

Some of the tasks that could be involved in your role are;

- To guide runners into and manage entry points to coloured pens – by coloured race numbers
- Help move pen colours forward to the start line
- Ensure all barriers are in the correct position as directed by supervisors
- To encourage runners to make space in the pen to allow other runners to enter
- To discourage spectators from entering pens
- Hand out post race items (medals, water etc) quickly and efficiently to all runners
- Encourage runners to keep moving through the post race finish straight
- Aid runners in need of assistance, seeking medical support where necessary (St Johns will be on site)
- Congratulate runners – they deserve it!
- Tidy up the start and finish areas once all the runners are through (Many hands make light work!)
- Other duties as required by supervisors

You will be very busy on the day but everything you need to undertake your role will be waiting for you, you just need to turn up with lots of energy and enthusiasm!

As a thank you, you will get;

- Volunteer T-shirt to be worn on race day (on top of anything else you may be wearing) but yours to keep!
- Volunteer drawstring bag to wear and keep your belongings in (yours to keep)
- Volunteer Lanyard with key information
- Food and drinks
- Training and support

By volunteering you are joining a large community of volunteers called the 'Extra Milers' who are 'Making the Difference' to ensure runners and spectators alike have the best experience possible on race day!

We really could not do this without you and appreciate all your time and commitment!